St. Mary of Gostyn School
Welcome to Preschool!

Preschool Information
Our St. Mary of Gostyn Preschool 4's program provides a nurturing, faith-filled environment where children develop curiosity, confidence, independence, and resourcefulness while learning that God and Jesus' love are always present in their lives.

Children learn to build friendships, respect others and their belongings, follow classroom routines, and express their emotions appropriately. These important foundations support a lifelong love of learning and help children grow socially, emotionally, spiritually, and academically.

Every child is unique, and we are committed to helping each student grow at their own pace, discover their God-given gifts, and build a strong foundation for the years ahead.

Preschool Schedule
AM -
- Fostering Independence: Hang up coats, organize backpacks, place their folder and snack on the shelf, give teachers their lunch
- Morning Meeting: Jobs, Prayers, Calendar, Counting, Weather Graphing, Letter recognition/sounds, Stories/Literature
- Large Group: Literature extension, Learning Without Tears, Fine Motor activities, phonemic, and math skills
- Snack: Grace, conversation, table manners
- Learning Centers: Free choice activities that may include dramatic play, prayer/religion table, building blocks, free art, sensory table, science table, library, puzzles, manipulative tubs, playdough, writing activities, games, math concepts and *small group* instruction.
- Religion: *Stories of God's Love* Curriculum
- Science (Mon.), Social Studies (Wed.), or Music class (Fri.)

PM -
- Lunch
- Outside Playground: Gross motor activities
- Table Activities
- Rest Time: Quieting body and mind by listening to music, star gazing, and sleeping
- Afternoon Snack
- Specials: Spanish, P.E., STEAM

Curriculum and Learning Experiences
Our curriculum combines hands-on activities, guided instruction, and child-directed exploration. Through large-group, small-group, and individual activities, children develop academic, social, emotional, and problem-solving skills.

Religion
- *Stories Of God's Love* Curriculum
- Learn how to pray
- Recite common prayers
- Hear Bible Stories
- Learn about Saints
- 4th grade Faith Buddy activities
- Christmas Program

Language Arts
- *Learning without Tears*
- Listens to and comprehends stories
- Phonological awareness
- Letter recognition/formation
- DG Library & Mrs. Holmes story visitors

Mathematics
- Number recognition
- Counting: Rote & One to One correspondence
- Patterning
- Graphing
- Sorting & classifying

Science
- Simple experiments
- Life Cycles: plants and animals
- Weather/Seasons
- Animals/Habitats
- Physical Science: Magnets, simple machines
- STEM: ramps, sort, test different ideas

Social Studies
- All about Me/My Family/Dramatic Play
- Community Helpers
- Geography/Maps
- Explore different counties/cultures/traditions

The Arts
- Art/Crafts
- Song/Dance

Physical Education
- Gross Motor/recess/P.E. class

Social Emotional
- Self-Awareness/Self-Regulation
- Self-Control/Conflict Resolution
- Building Relationships/Cooperation
- Independence and Responsibility