

NEED HELP? RESOURCES ARE AVAILABLE

Food Insecurity or Financial Difficulties?

Contact our St. Vincent De Paul at 630-969-1068

Caregiving?

Visit www.nourishforcaregivers.com or the Nourish for Caregivers page on our [St. Mary's website](#)

Crisis Pregnancy?

Resources and links through the [Diocese of Joliet](#)

Suicidal Thoughts or Feelings?

Dial 988

Healing After Abortion?

Visit [Rachel's Vineyard website](#) or contact Heidi at 815-634-3796 or hmillercare@gmail.com

Widowed?

Call 708-354-7211 or visit joyfulagain.org

Divorced?

St. Helen's Divorced Faith and Fellowship Club, contact cmazur@dioceseofjoliet.org

Women's Addiction?

SAFE (Sacred Atmosphere Focused on Eternity)
Email sacredatmosphere1@gmail.com or call Carrie at 312-825-7527

Domestic Violence?

[DuPage Gov](#) listing of resources and supportive services

Same-Sex Attraction?

Visit Courage at www.couragerc.org or email joliet.courage@gmail.com

Family Member with Same-Sex Attraction?

Visit www.couragerc.org/for-families/ or email encourage@dioceseofjoliet.org

Pornography addiction?

"Create in Me a Pure Heart" from the USCCB. Help for men, women or couples at [Covenant Eyes](#)

Loss of a Loved One and Grief?

Call our parish office at 630-969-1063

Individuals Grieving a Loved One to Suicide?

Catholic Charities' Loving Outreach to Survivors of Suicide Loss (LOSS), email mnovak@cc-doj.org

Mental Health?

Visit www.needyourrightnow.com or email Deacon Gerard at FunDeacon@yahoo.com for details on an in-person support group

Wellbeing?

Virtual Catholic counseling service with [Catholic Counselors](#)

Marriage Difficulties?

Visit [Retrouvaille](#) "hope for a better marriage" or call 815-246-2080

Marriage Enrichment?

Visit [Worldwide Marriage Encounter](#) for nearby retreat weekends

